



**Narellan**  
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**Emerald Hills**  
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Ph: (02) 8073 7834  
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**Camden**  
37 John Street  
Camden NSW 2570  
Ph: (02) 4610 4029  
Fax: (02) 4610 8441

# PREPARATION FOR PATIENTS

## ULTRASOUND

**PELVIC & PREGNANCY:** You may eat normally. Drink 1 litre (5-6 glasses) of water beginning 1.5 hours prior to appointment finishing within 30 minutes and **DO NOT** go to the toilet. You **MUST** have a full bladder at the time of your appointment. **DO NOT** go to the toilet again.

**URINARY TRACT & PROSTATE:** Nothing to eat 2 hours before appointment. Drink 1 litre (5-6 glasses) of water beginning 1.5 hours prior to your appointment within the next 30 minutes and **DO NOT** go to the toilet. You **MUST** have a full bladder at the time of your appointment. **DO NOT** go to the toilet again.

**ABDOMEN & ABDOMINAL ARTERIES/ DOPPLER:** Nothing to eat or drink 8 hours before your appointment.

**RENAL ARTERIES/ DOPPLER:** Nothing to eat 12 hours prior to your appointment. You need to be hydrated. Drink 1-2 glasses of water before your appointment.

**DVT/ LEG DOPPLER:** You need to be hydrated. Drink 750mls of water 1 hour before your appointment. You may empty your bladder as necessary.

## CT SCANS

**HEAD, SOFT TISSUES OF THE NECK, CHEST, ABDOMEN AND PELVIS:** Nothing to eat 3 hours prior to your appointment.

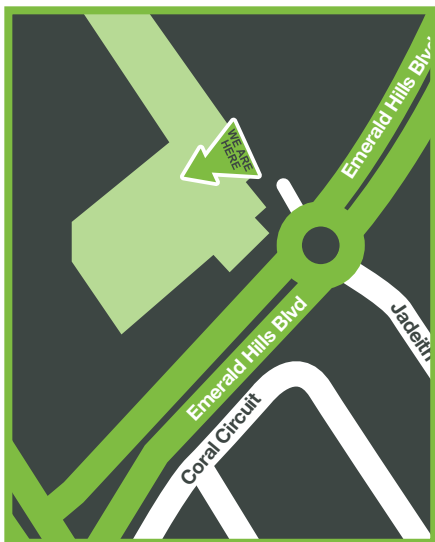
**SPINE & EXTREMITIES:** No preparation required.

**ANGIOGRAM:** Nothing to eat 4 hours prior to your appointment. Patient should advise if any allergies to Iodine.

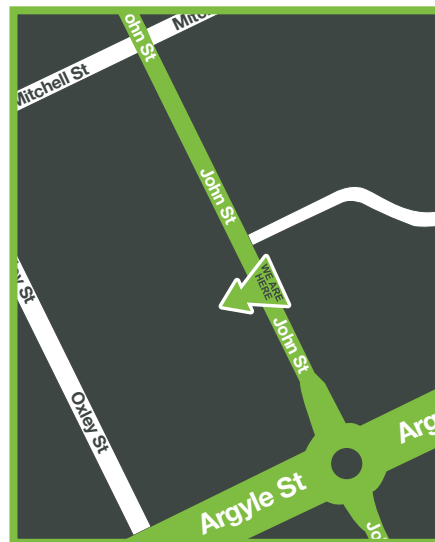
**CHOLANGIOGRAM:** Nothing to eat 6 hours prior to your appointment. Patient should advise if any allergies to Iodine.



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